



PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Michael Dadson Launches Counselling Clinic to Address PTSD, Depression, and Anxiety in Frontline Workers and Veterans

Gentle Currents Therapy is a counselling and neurofeedback therapy clinic that helps people heal and grow, specializing in PTSD, trauma, stress, grief, addictions and relationship conflict.

LANGLEY, British Columbia, May 14, 2020 /CNW/ -- Michael Dadson, Senior Clinical Director of Practice at Gentle Currents Therapy, today announces the launch of his new clinical practice in Langley, B.C. Run by Michael Dadson and Jeanette Dadson, Gentle Currents Therapy helps frontline workers, veterans, adults, adolescents, and couples by providing them with the knowledge and tools to remain present and in control while facing difficult emotions, thoughts, and sensations.

Gentle Currents Therapy approaches trauma-focused counselling through a combination of short-term psychotherapies with long-term counselling practices, including cognitive behavioural therapy, immersion therapy, and neurofeedback therapy.

It is important for anyone with PTSD to be treated by a mental health care professional who is experienced with PTSD. As a Registered Clinical Counsellor for over 20 years; Board Member and Fellow at the International Society for the Study of Trauma and Dissociation; and a member of the International Society for the Study of Trauma and Dissociation (ISSTD), Michael Dadson and the Gentle Currents Therapy team have worked professionally caring for people for over 35 years.

Michael Dadson's other certifications include:

- 1 Crime Victims Assistance Counsellor,
- 2 Observed & Experiential Integration (OEI) Therapist
- 3 QPRT Suicide Risk Assessment and Management
- 4 Sensorimotor Psychotherapy Level One and Level Two
- 5 Accelerated Experiential Dynamic Psychotherapy Level One

Within these roles, [Michael Dadson](#) has experience with a culturally, economically and religiously diverse population challenged with a range of concerns like teenage prostitution, violent crime, trauma, crisis, cross-cultural issues, gender crisis, identity issues, addictions, depression, anxiety, attachment, parenting, and relationship problems.



Michael Dadson and the Gentle Currents Therapy team are available to support patients with issues associated with the novel coronavirus (COVID-19) pandemic. This includes affordable counselling; mental health implications; managing anxiety, trauma, depression, loss or grief; understanding health risks, racism, and xenophobia; social distancing and community responses to trauma; and talking to children about upsetting events in the news without risking their mental wellbeing.

Dr. Michael Dadson, Ph.D.

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